

COURSE HSS1080: LEADERSHIP FUNDAMENTALS 1

Level: Introductory

Prerequisite: None

Description: Students explore basic principles of leadership and evaluate their personal leadership characteristics and qualities. Students develop a plan for their personal growth as a member of a leadership team and examine the various behaviours, skills and roles of team members that contribute to team effectiveness.

Outcomes: The student will:

- 1. evaluate the characteristics and qualities of effective leadership based on basic principles of leadership**
 - 1.1 define *leadership*
 - 1.2 describe the characteristics and qualities of effective leaders
 - 1.3 describe various types of leadership styles, such as democratic, laissez-faire, transformative, inclusive and authoritarian
 - 1.4 evaluate personal leadership characteristics and qualities based on experience within a leadership team
- 2. create a personal growth plan for leadership development**
 - 2.1 evaluate personal core values
 - 2.2 create a personal leadership philosophy such as a mission statement
 - 2.3 design at least two SMART (specific, measureable, attainable, realistic, timely) goals for personal leadership development
 - 2.4 identify strategies for achieving goals
 - 2.5 evaluate personal leadership development
- 3. evaluate the behaviours, skills and roles that contribute to the effective functioning of a leadership team**
 - 3.1 describe strategies for overcoming challenges and obstacles typically encountered by leaders, including:
 - 3.1.1 conflict resolution
 - 3.1.2 stress management
 - 3.1.3 time management
 - 3.1.4 financial management
 - 3.2 explain behaviours and skills that contribute to the effective functioning and goals of a leadership team
 - 3.3 demonstrate fundamental leadership behaviours and skills while participating in a specific leadership team, including:
 - 3.3.1 effective communication skills
 - 3.3.2 interpersonal skills
 - 3.3.3 personal management skills
 - 3.3.4 empowerment of other team members
 - 3.4 explain several different roles and responsibilities often associated with high performing teams
 - 3.5 negotiate roles and responsibilities with other team members, including defining the scope of responsibilities of team members

- 3.6 observe individual team members to identify:
 - 3.6.1 positive contributions to the team
 - 3.6.2 the effective fulfillment of assigned team roles
- 4. demonstrate basic competencies**
 - 4.1 demonstrate fundamental skills to:
 - 4.1.1 communicate
 - 4.1.2 manage information
 - 4.1.3 use numbers
 - 4.1.4 think and solve problems
 - 4.2 demonstrate personal management skills to:
 - 4.2.1 demonstrate positive attitudes and behaviours
 - 4.2.2 be responsible
 - 4.2.3 be adaptable
 - 4.2.4 learn continuously
 - 4.2.5 work safely
 - 4.3 demonstrate teamwork skills to:
 - 4.3.1 work with others
 - 4.3.2 participate in projects and tasks
- 5. make personal connections to the cluster content and processes to inform possible pathway choices**
 - 5.1 complete/update a personal inventory; e.g., interests, values, beliefs, resources, prior learning and experiences
 - 5.2 create a connection between a personal inventory and occupational choices